#### CONTENT

About Seats

WARNINGS AND SEVERALS	1	-	3	RESTRAINT INSTALLATION	23	-	48
WAIVER and General Information			2	Initial Harness Adjustment during Installation			23
Rules and Regulations			3	Wrap systems and Installations	24	-	31
Homologations	4	-	7	"Flexi Belt™" Double bar [Lap Belt]	30 32		32 33
Definitions			4	Bracket and End Loop Installations	34		47
Homologations	5	-	7	bracket and End Loop Installations	34	-	4 /
The asm® Safety System			7	OPERATION	50	-	57
ANOUGRAGE LOGATIONS AND CEOMETRIES	0		10	Wearing your Racing Harness safe	50	-	57
Anchorage Locations and Geometries  Belt routing	8	-	18 8	How to release your Racing Harness			57
What happens during a frontal impact?	9	-	11	Care and Maintenance	58	-	59
Lap-, Shoulder- and Anti-sub strap routing Specifics for 5-Point, 6-Point, Formula and Hybrid™ Models			15 18	EXAMPLES OF WRONG INSTALLATIONS			60
IMPORTANT INFORMATION ABOUT BOLTS AND TORQUES			22	Accessories and Spare Parts / Patents / Copyrights	61	-	63
Bolts and Torques			20				
Creating a new Attachment Point	20	-	21				

22

#### THIS MANUAL CONTAINS IMPORTANT INFORMATION SHOWN AS

### SAFETY INSTRUCTIONS

SAFETY INSTRUCTIONS contain important hints to help you to install, use and maintain the SCROTH Racing Harness properly and effectively

# **AWARNING**

WARNINGS deal with important issues about installation, use, misuse or modification of the SCHROTH racing harness.

Ignoring these Warnings will significantly reduce the performance of the racing harness system. This can result in serious personal injury or death during an accident.

Always read carefully and follow the information in this manual, especially those highlighted as above.

### ABOUT THE IMPORTANCE OF THIS MANUAL!

SCHROTH has attempted to make this racing harness manual extensive and comprehensive. We have created it to help the reader understand racing harness installation, use and maintenance, and how it relates to safety in motorsports. Intensive research and experience in motorsports has led us to prepare up-to-date instructions for optimized anchor point locations and racing harness design features. The SCHROTH development of new racing harness configurations should be considered when defining anchorage locations. What was considered acceptable in the early and mid-1990s has changed and evolved as the result of currently available data. Therefore, we ask the drivers, mechanics, teams and race car manufacturers to read and heed the information in this manual carefully. Safe and effective HANS® use also depends on proper restraint routing and anchor point locations.

"The sanctioning body regulating the motorsport series in which you are participating may have additional information specific to your chassis. All information in this document is based upon the best knowledge as of March 2009."

# **A** WAIVER

This harness belt, when properly installed and used according to applicable instructions can minimise injury. The ability of any restraint system to minimise or prevent injuries is directly related to the type and severity of accident. No restraint system can prevent injury or death in every accident.

Profi and Hybrid™ racing harness belts are NOT designed to be installed into street legal vehicles, and DO NOT meet federal and state vehicle safety regulations. They are designed and tested to be used exclusively in race cars and only in on-track events.

Only Profi-FE asm® models are intended for Rally sport and street legal use and carry either the ECE-R 16 approval label for Europe or sets forth the following language for the USA: "meets the applicable provisions of FMVSS 209". It will also carry the FIA homologation label.

"This article is sold without warranty, express or implied, including but not limited to the implied warranties of merchantability and fitness for a particular purpose, all of which are specifically disclaimed, and no warranty or representation is made as to this product's capability to protect the user from any injury or death. Motorsport is dangerous! The user assumes all risks."

#### RULES AND REGULATIONS

This manual contains important information about installation and use of your new harness belt. Read this manual thoroughly and understand the content before attempting installation. Knowledge gained from extensive testing and accident analysis has increased significantly over the past years so it is important to read and follow the instructions given in this manual, even if you have installed harness belts previously. These instructions represent state-of-the-art knowledge at the time of issuance of this manual, the date of which is set forth on its cover. All instructions are in accordance with current FIA, NASCAR, CART, SCCA and other sanctioning body regulations, as individually indicated in the text. Deviating from these instructions may result in rejection from participation in motorsport events. Regulations may change with short notice and may not be incorporated into these instructions at the date of purchase. Keep yourself up-dated about the latest regulations for the motorsport in which you are participating.

#### DO YOU HAVE EXPERIENCE INSTALLING RACING HARNESSES?

The installation procedures explained in this manual assume that you have the knowledge, experience and tools required to install racing harnesses. If you do not have the knowledge, experience and/or tools required or do not understand the instructions, do not install the harness belt – have the harness belt system installed by a professional who will be able to do the job correctly. Your safety and the safety of others who will use the harness belt system are at stake!

Always heed all WARNING and SAFETY INSTRUCTIONS boxes. Always read and heed all instructions in this manual carefully. Failure to follow

WARNING, SAFETY INSTRUCTIONS and all other instructions could result in severe personal injuries or death.

#### INTENDED USE, DEFINITIONS AND LABELLING

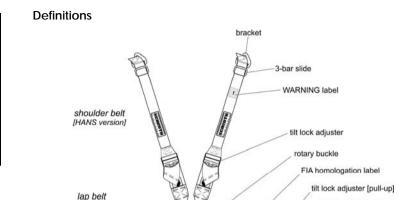
Profi and Hybrid™ racing harnesses, except for Profi-FE models, and are not approved or intended for use on public roads or off-road. They are designed and approved only for closed circuit race tracks. For legal street use, SCHROTH offers special ECE-R 16.04 (for Europe) respectively United States Department of Transportation approved models (FE-models). NEVER use unapproved Profi and Hybrid™ racing harnesses on public roads or off-road.

The SCHROTH Profi-, Profi-FE and Hybrid™ models are harness belt systems designed, tested and homologated for adult-sized persons, regardless of age. Webbing stretches during an accident to convert energy and to keep body loads within an acceptable range during survivable crashes. Persons not meeting the minimum weight and body size, as set forth below, may not benefit from this design feature. Severe personal injuries or death may occur.

# **AWARNING**

Persons who weigh less than 40 kg [88 lbs.] or who are less than 150 cm [4'11"] tall, regardless of age, must NEVER use SCHROTH racing harnesses.

Approvals for racing harnesses are granted by sanctioning bodies like FIA, NASCAR and SFI. Some SCHROTH racing harness models are approved by multiple sanctioning bodies and therefore may carry multiple labels. One of these labels should apply to the motorsport in which you are participating.



FIA identification label

release strap adjusting grips

FIA main label tilt lock adjuster

• SEE | | | | | |

bracket with adjusting hardware LV 4

drawing shows standard Profi II-6H racing harness

[FlexiBelt version]

anti-sub strap

#### FIA homologated racing harnesses

Racing harnesses manufactured for motorsport in countries, or for racing series that fall under the FIA regulation, must carry the appropriate FIA labels. FIA-labelled belts are valid for five [5] years from last day of the year of manufacture unless regulated differently by the sanctioning body of the motorsport in which you are participating. The last year of FIA validity is indicated on the label. Each separate strap assembly is labelled with a FIA main label or a FIA identification label.



example of a FIA homologation main label

Identification labels, which bear the homologation number and the expiration date may be attached to each individual subassembly of the racing harness not permanently fixed to the buckle.

Valid FIA labels may show various homologation numbers depending on the installation of an anti-sub strap [sub = abbreviation of submarining = sliding underneath the lap belt during a frontal impact]. E.g.:

- (B) = no anti-sub strap [4-point harness]
- (C) = with anti-sub strap I [5-point]
- (D) = with anti-sub strap II, F-type and Hybrid™ models [6-point]

not valid after

2014

FIA B-137.T/98

FIA C-129.T/98

FIA D-130.T/98

Made in Germany

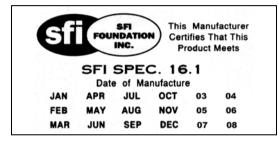
example of a FIA identification label

FIA and other sanctioning bodies allow up to 44 mm [1.75"] small HANS specific shoulder straps to be worn only when used with a HANS®. Such shoulder belts are labelled.



#### **SFI Approved Racing Harnesses**

Racing harnesses specifically manufactured for motorsport requiring SFI Spec. 16.1 or SFI Spec. 16.5 approval are SFI tested and labelled. These racing harnesses MUST be replaced two years after the month and year of manufacture. The date of manufacture is indicated on all three SFI labels – [1] at the left lap belt, [2] at the left shoulder harness and [3] at the Anti-Sub Strap.





Models SFI Spec. 16.1 or SFI Spec. 16.5/NASCAR approved racing harnesses may vary from FIA homologated models. However, the changes in brackets or adjusters and adjuster positions from the use of approved racing harnesses, and the varying methods of installation and operation that result, can easily be followed since each racing harness component and its use is described in the appropriate sections of this manual. [See, e.g. the "Brackets" section, explaining the correct installation and operation also of SFI Spec. 16.1 or SFI Spec. 16.5/NASCAR approved racing harnesses.]

#### Models with SCHROTH asm® Safety System

#### The asm® System

**asm®** is the acronym for **a**nti-**s**ubmarining [submarining = sliding underneath the lap belt during a frontal impact]. This phenomenon is likely to occur in a 4-point harness belt, and is significantly reduced by the patented **asm®** safety system. Therefore, all SCHROTH racing harnesses sold as 4-point harnesses and likely to be used as such, are equipped with the **asm®** system. It consists of an energy converter located in one shoulder belt. May be purchased as left and/or right harnesses, depending upon which side of the lap belt you want to have the buckle attached.

Since every accident is different, always keep in mind that Profi asm® harness belts, just like other racing harnesses, cannot guarantee against severe injuries, death and other risks during an accident. Head and neck supports provide further reduction of head deceleration and neck forces. 4-point harnesses with the asm® system may be used with a

**HANS®** device (see FIA HANS Guide Issue: 01.07.2007 under www.fia.com). The **asm®** system in SCHROTH racing harnesses should never be used with other types of head and neck devices e.g. SFI 38.1 approved.



- Never wear a harness restraint without asm® system as a 4-point harness. Submarining may take place during an accident and severe injuries or death may occur.
- The shoulder belts containing the asm® safety system must be installed symmetrically or the system may not function properly in an accident and serious injuries or death may occur.

#### ANCHORAGE LOCATIONS AND GEOMETRIES

#### **BELT ROUTING**

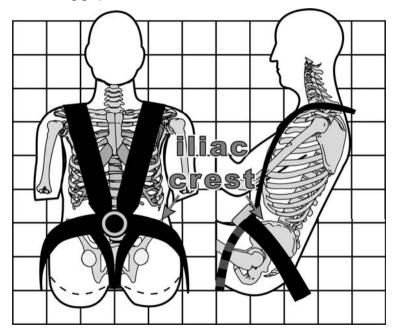
The expected restraining function of any seat belt or racing harness can only be achieved by

- optimised strap routing around and from the wearer's body
- · optimised anchor point locations

An occupant can be effectively restrained ONLY by load transfer through the hard points of the occupant's body. The only accessible hard points are the following:

- pelvic
- thorax [chest] ] to a limited level only
- clavicle [shoulders]

Therefore, it is essential that strap routing be optimised as described in the following graphs.



#### WHAT HAPPENS DURING A FRONTAL IMPACT:

This data is based on an optimised installation with an upright seating position during dynamic testing. It simulates a 90° head on collision, utilising a 75 kg [165 lb] mass dummy, an impact velocity of 50 kph [31 mph] and a stopping distance of approximately 400 mm [16"] with a maximum deceleration of 30 g [FIA Standard 8854/98 dynamic test requirements]:

- ➤ The pelvic load, expected to surpass 14 kN [3,100 lb] at each side, will elongate the lap belt and compress the tissue on the pelvis. The pelvis will slide forward by 80 to 100 mm [3"-4"]
- ➤ The upper torso load is expected to surpass 7 kN [1,550 lb] on each strap, will elongate the shoulder belts, the upper body will roll in, the adjusters will move up the chest by approximately 200 mm [8"] and forward head trajectory will be up to 400 mm [16"]
- ➤ The pelvic movement combined with the shoulder belt forces will load the anti-sub straps to more than 6 kN [1,320 lb] each in a 5-or 6-point racing harness and can be intentionally higher in a F-type model where the anti-sub straps are routed rearwards.

In more reclined seating positions, the pelvic load will be reduced to approx. 9 kN [2,000 lb] since the seat pan, designed as a ramp, will take some of the load. Therefore it is essential the seat or chassis manufacturer ensure the seat pan is strong enough not to bend or even collapse under extreme loads.

In any case, seats are a significant component of the safety system!

### WHAT DOES THE DISCUSSION OF FRONTAL IMPACTS MEAN TO THE OCCUPANT?:

The numbers above seem to be quite high when compared with actual racing accidents. Fortunately, most racing accidents are not 90° head-on collisions. Car deformation is greater than the 400 mm [16"], and modern soft walls also convert impact energy. Therefore, accidents with higher impact speeds are often less severe than the FIA required test set up. However, SCHROTH racing harnesses have been tested to speeds and decelerations surpassing FIA requirements.

### What may happen to your body and racing harness:

#### without HANS® system

- > The forward pelvic movement will lower belt angularity, which can result in submarining. If the initial angle is not within the suggested range, submarining may result in severe internal injuries or death as the belt rides into the soft tissue above the pelvic bone the liver and kidneys. This scenario relates into a harness belt worn in a 4-point configuration.
- The lap belt will slide into the corner of the bucket seat openings, and incorrectly positioned adjusters will interfere with the seat. This may cause the adjuster to loosen the lap belt or cut the webbing, thereby significantly diminishing effective restraint and resulting in serious injury or death.
- ➤ Lap belts perform best when their anchor points are located adjacent to the seat width. Routing outward will increase the strap load resulting in further elongation. The resultant stress may exceed the structural strength of the racing harness or the anchor points. [E.g. a 45° routing off the body will increase the load by approximately 40% compared to the ideal routing].
- A shoulder belt adjuster positioned too high will ride further up and may cut into the occupant's neck, which could result in severe injury or death. It also increases the likeliness of clavicle [shoulder] fractures.
- > With the expected strap elongation and body compression it is likely the head or chest will impact the steering wheel. Extreme head deceleration loads, spine stress and neck tension may occur causing basal scull and spinal fractures and resultant severe injury or death.

#### WITH HANS® SYSTEM

- The most effective way to reduce the risk of head and neck injuries is to wear a HANS® made by SCHROTH.
- Extremely long shoulder belts allow for extra elongation and head movement and should be avoided.
- Long shoulder belts also provide more slack during the rebound phase so the belts may slide off the occupant's shoulders or HANS\*. SCHROTH HANS\* specific restraints with lower elongation rates for such strap lengths are designed.

#### **SLED TESTING WITHOUT HANS®**









#### SLED TESTING WITH HANS MADE BY SCHROTH®









### SAFETY INSTRUCTIONS

Optimal performance of your racing harness requires proper installation and proper use. Heed and obey the following instructions with respect to racing harness geometry and routing:

- Bracket installation and operation
- Wearing the racing harness
- Adjusting the racing harness

#### LAP BELT ROUTING (APPLIES TO ALL RESTRAINT TYPES)

To achieve optimal restraining function – lap belt strap length must be as short as possible. This requirement can be achieved by following the instructions set forth below:

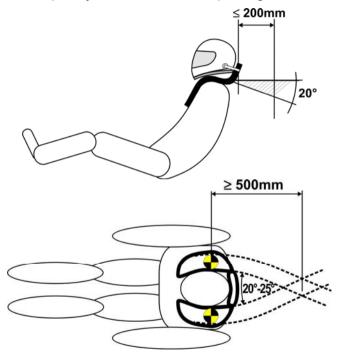
- ➤ Distance between the lap belt anchor points should not be greater than the width of occupant's pelvis or the outer width of the occupant's bucket seat. The distance of approximately 400 mm [16"] is recommended. If there are choices of several anchor points choose those that come the closest to these recommendations.
- Lap belt straps must be routed over the pelvic bone to stay firmly and tightly in the crest between the pelvic bone and the upper thigh.

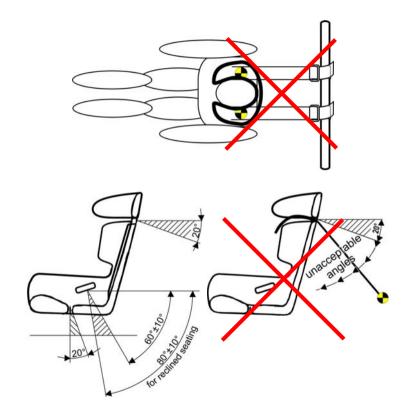
- ➤ Lap belt downward angle should be approximately 60° measured from the horizontal, passing through the occupant's hip joint. This is the suggested angle for upright seating [15-20° backrest declination]. A higher backrest declination, e.g. 30° 40°, as is common in open wheel race cars, requires a belt angle of 70° 80°.
- Make sure there are no sharp edges [seat structure, seat mounts, chassis] that may tear or cut the lap belt webbing.

#### SHOULDER BELT ROUTING (APPLIES TO ALL RESTRAINT TYPES)

- Shoulder belts must run from the shoulders horizontally or down, at no more than a 20° angle.
- ➤ In cases where the shoulder belts must be routed down to the chassis floor, support by a roll cage bar or harness guide at the appropriate height is essential to establish the horizontal shoulder strap routing off the shoulder/HANS®. Most racing seats are not designed and tested to carry shoulder belt crash loads from downward installation. Severe injury or death could result. A 45° downward shoulder belt installation is possible with seats that SCHROTH has positively tested to take a load measured during a 50 kph [31 mph] and 28 G impact with a 75 kg (175 lb) dummy. Refer to the list of SCHROTH approved racing seats in section "About Seats". WARNING: 45° downward shoulder belt installation is not recommended with HANS®.
- For the best restraint of the occupant's upper torso, ideal anchor points should not be further back than 200 mm [8"] from back of user's seat.
- ➤ In the event that the anchor points are further towards the rear of the vehicle [e.g. using a roll cage bar for wrap around attachment] the distance between the strap anchor points will narrow or even cross over as described in following graphs and tables.

> It is especially crucial to follow this strap routing when HANS® is in use.





#### POSITIONING OF SHOULDER STRAP ANCHOR POINTS

### SAFETY INSTRUCTIONS

Shoulder belt mountings located more than 200 mm [8"] from the back of the user's seat or angled upwards are not good restraint practice and are most strongly discouraged. If longer belts are used, the inside edges of the belts should be still closer together at their mounting points, even touching or crossing, but both belt and HANS® performance are severely compromised.

Shoulder belts should be crossed when the anchor points are more than 500mm [20\*] behind the seatback.

For 75 mm [3"] webbing the recommended anchor points can be

found in the adjacent table (mid point to mid point of the webbing):

For Head And Neck Support specific, 50 mm wide webbing, the values in the table are reduced by 25mm [1"].



HANS® - collar width in mm								
[inch]	[4.7"]							
distance from HANS® in mm	100	200	300	400	500	600	700	800
[inch]	[3.94"]	[7.9"]	[11.8"]	[15.7"]	[19.7"]	[23.6"]	[27.6"]	[31.5"]
distance of anchor points in mm	135	95	55	15	-25	-65	-105	-145
[inch]	[5.31"]	[3.74"]	[2.17"]	[.59"]	[98"]	[-2.6"]	[-4.1"]	[-5.7"]
				side h	v side		crosse	d over

HANS® - collar width in mm [inch]	140 [5.5"]							
distance from HANS® in mm	100	200	300	400	500	600	700	800
[inch]	[3.94"]	[7.9"]	[11.8″]	[15.7"]	[19.7"]	[23.6"]	[27.6"]	[31.5"]
distance of anchor points in mm [inch]	155	115	75	35	-5	-45	-85	-125
	[6.1"]	[4.5"]	[3″]	[1.4"]	[2"]	[-1.8"]	[-3.3"]	[-4.9"]

side by side

crossed over

over

over

HANS® - collar width in mm	160							
[inch]	[6.3"]							
distance from HANS® in mm [inch]	100 [3.94"]	200 [7.9"]	300 [11.8"]	400 [15.7"]	500 [19.7"]	600 [23.6"]	700 [27.6"]	800 [31.5"]
distance of anchor points in mm [inch]		135 [5.31"]	95 [3.74"]	55 [2.17"]	15 [.59"]	-25 [98"]	-65 [-2.6"]	-105 [-4.1"]
					side b	v side		crossed

HANS® - collar width in mm [inch]	180 [7.1"]							
distance from HANS® in mm [inch]	100 [3.94"]	200 [7.9"]	300 [11.8"]	400 [15.7"]	500 [19.7"]	600 [23.6"]	700 [27.6"]	800 [31.5"]
distance of anchor points in mm [inch]		155 [6.1"]	115 [4.5"]	75 [3″]	35 [1.4"]	-5 [2"]	-45 [-1.8"]	-85 [-3.3"]
					sic	de by sic	de	crossed

#### ANTI-SUB STRAP ROUTING

Anti-submarine strap design and routing are directly related to effective upper torso restraint. Remember, an occupant's body can only be effectively restrained through its hard points.

- ➤ SCHROTH has developed a range of models, which allow a direct load transfer from the shoulder belts through the rotary buckle into the anti-sub strap. See Profi 5-, Profi 6- and Hybrid™ models.
- > The different racing harness geometries allow specific installation according to the requirements of each model.

The soft tissue on the upper thighs is not considered a hard point. Therefore the Formula-type [D-ring] anti-sub straps are designed to run flat over the upper thighs and then rearwards to provide the needed restraining function.

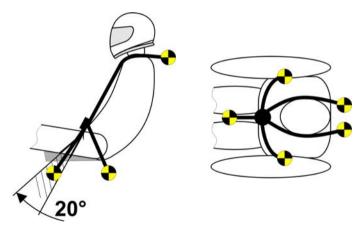
## **AWARNING**

Never use the SCHROTH Racing Harness unless the racing seat is designed with anti-submarining holes.

Never run the anti-submarining straps over the front edge of a factory seat down to the floor. Such routing does not provide the desired anti-submarining effect, and in fact encourages submarining, which can cause severe injury and death.

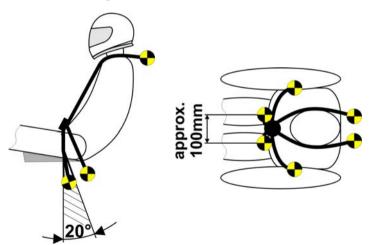
#### PROFI 5-POINT MODELS

Anti-submarining strap routing in any seating position must follow the tangential touching of the occupant's chest and groin. Such routing is a compromise to help reducing the risk of crotch and groin injuries during a frontal impact. 5-point racing harnesses are less safe, proven by computer simulation, sled testing and in real world accidents. Therefore SCHROTH strongly recommends the use of 6-point racing harnesses only.



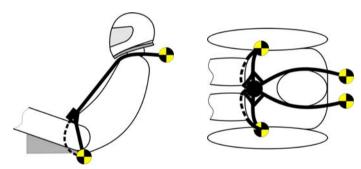
#### PROFI 6-POINT AND HYBRID<sup>TM</sup> MODELS

- Anti-submarining strap routing shall be vertical down from the groin, preferably approximately 20° back.
- Anchor points shall be approximately 100 mm [4"] lateral apart from each other. In case of a low seating position (e.g. in open wheel race cars), this separation may be reduced since the anchor points are closer to the thighs.



#### PROFI F-MODELS

The anti-submarining strap routing over the upper thighs and attachment to the shoulder belt latches with the buckle in between, does not provide a direct load path from the shoulder belts down to the anti-submarining strap anchor points. The indirect routing requires a type of preloading of the anti-submarining straps during a frontal impact. This is achieved by sitting on the anti-submarining straps, routing them rearwards and attaching them in the region near or on the lap belt anchorages.

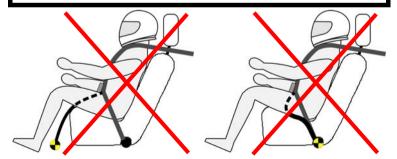


This anti-sub strap design requires sitting on the straps or having a thin seat panel allowing the straps running rearwards right underneath the driver's buttock.

# **WARNING**

Anti-sub straps must not be redirected. Redirected straps, e.g. using an OE stock seat for a formula type racing harness and running the straps over the seat edges down to an anchor point, will provide extra slack during a crash and the expected performance will not result.

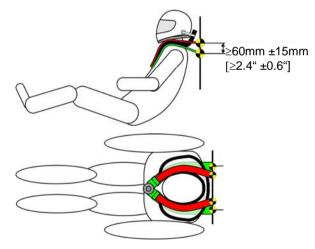
Slack from such anti-sub strap routing will allow a buckle ride up during an accident which results in higher upper torso and head movement. This increases the risk of head impact, head and neck injuries and internal injury.



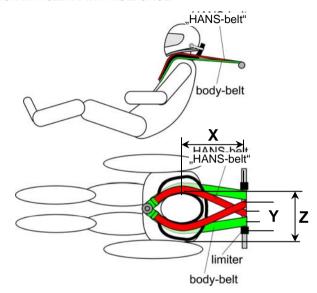
SCHROTH developed **HANS specific double-shoulder belts** require 2 anchor points for each shoulder:

One for the 75 mm [3"] "body belt" and one for the 50 mm [2"] "HANS-belt". For correct height and lateral routing see sketches below. The "HANS-belt" attachment must follow the "Positioning of Shoulder Strap Anchor Points" instructions described earlier.

#### MONOCOQUE INSTALLATION:



#### INSTALLATION IN A SEDAN WITH ROLL CAGE:



Installing the belts to a rear roll cage bar, the BODY-belt attachment must be positioned next to the "HANS-belt" attachment. If wrap around installation is used, both, the HANS-belt and the BODY-belt shall be installed side by side.

### SAFETY INSTRUCTIONS

In case of a wrap around installation to a roll bar make sure the transversal positioning of the shoulder straps is permanently secured by some means, e.g. FIA Standard 8857-2001 like rollbar padding, hose clamps or similar devices.

#### **ALL WRAP AROUND INSTALLATION:**

HANS® size R (European Model size M)

Z = (mm [inch])	229 [9"]						
X (mm [inch])	203 [8"]	305 [12"]	406 [16"]	508 [20"]	610 [24"]	711 [28"]	813 [32"]
Y (mm [inch]) HANS-belt	152 [6"]	102 [4"]	64 [2,5"]	51 [2"]	-51 [-2"]	-51 [-2"]	-76 [-3"]
Y (mm [inch]) Body-belt	229 [9"]	229 [9"]	191 [7,5"]	178 [7"]	178 [7"]	178 [7"]	203 [8"]

#### HANS® size L

Z = (mm [inch])	<u>254 [10"]</u>						
X (mm [inch])	203 [8"]	305 [12"]	406 [16"]	508 [20"]	610 [24"]	711 [28"]	813 [32"]
Y (mm [inch]) HANS-belt	178 [7"]	127 [5"]	102 [4"]	51 [2"]	51 [2"]	51 [-2"]	76 [-3"]
Y (mm [inch]) Body-belt	254 [10"]	254 [10"]	229 [9"]	178 [7"]	178 [7"]	178 [7"]	203 [8"]

### Important Information About Bolts and Torques

#### **BOLT DIAMETER**

- Stock thread holes commonly are 7/16" 20 UNF. Therefore, all SCHROTH models come with bolts and eye-bolts matching this dimension.
- A few chassis are manufactured with 15/32" or ½" thread holes at the inner [centre tunnel] anchorages. See the section "Brackets" for those thread holes that accept 15/32" or ½" bolts.
- Individually made chassis and roll cages often use other dimensions, which vary from 8 mm or 5/16" [mostly for anti-submaring strap installation] to 10 mm or 3/8" in diameter for lap- and shoulder belt installation.
- Eye-bolts for 10 mm thread holes [P/N SG 35] are available at your SCHROTH-dealer or importer.
- For all other dimensions you must provide the correct bolt diameter, type of thread and bolt length.

Bolts not supplied by SCHROTH must be of grade 8.8 at a minimum.

- 1. Bolts must fit to the thread dimension of the anchorage chosen.
- 2. Bolts must be long enough to fill the thread hole completely with all bushings, spring washers, spacers etc. in place for installation.
- Bolts must be of correct length and must not to intrude into the fuel tank or damage any other components of the car in which they are installed.

# **AWARNING**

- Never use bolts of the wrong diameters or bolts that are too short and may allow the bolts to become loose and separate from the anchorages. Use of improper bolts will cause the racing harness to fail.
- Never use bolts that are too long and may intrude into the fuel tank or other parts of the car.
- Always tighten bolts with the proper torque. Improperly tightened bolts may loosen during harness belt use and may become separated during a crash.
- Never over-tighten bolts. Over-tightening bolts may destroy the thread and allow the bolt to separate during a crash.

BOLT FAILURE MAY RESULT IN SEVERE INJURIES OR DEATH.

#### TIGHTENING TOROUES BY BOLT DIMENSION

- Each bolt diameter and type of thread requires an individual torque for proper tightening. These torques as listed below are defined by national or international standardisation organisations.
- For safe installation always tighten bolts to the recommended torque.
- For any installation use e.g. "Loctite 243" or spring washers where recommended to secure bolt fastening.

	M 8	5/16″	M 10	3/8″	7/16" 20 UNF	15/32"	1/2″
Torque in Nm	25	25	50	50	40	87	113
Torque in ft-lb	18,5	18,5	37	37	30	64,5	83,5

#### **CREATING A NEW ATTACHMENT POINT**

- Follow the recommendations for geometry and strap routing described on Pages 24 to 26 to define the proper anchor point location.
- FIA does not allow welding or drilling to roll cages, except those conducted and certified by the roll cage manufacturer. Only manufacturer specified roll cage bars must be used for racing harness installation.
- For new attachment points to the chassis heed the following WARNING box.



If you intend to drill a hole, make sure not to damage the fuel tank, fuel lines, electrical wires, brake lines or other important components. Any damage to such components can result in fire, explosion or mechanical failure and severe injuries or death can result.

- For new attachment points to the chassis you must use a FIA specified reinforcement plate [see "Accessories & Spare Parts"].
- Drill a hole of 12 mm [15/32"] diameter for lap- & shoulder belt and standard anti-sub strap attachments.

- Drill a hole of 8,5 mm [5/16"] diameter for anti-sub strap twin bracket anchorage point.
- Use seal compound and stick the reinforcement plate from underneath to the floor panel. The seal also helps to prevent water intrusion.
- Use SCHROTH supplied bolts and eyebolts only! They are tested for quality and fit to the threads provided by the SCHROTH reinforcement plate and to the SCHROTH brackets.



In case your car is raised up on a lifting platform or sits on chocks make sure it is safely secured against accidental or unintentional drop and against external unwished down operation before you position yourself underneath the car.

#### **About Seats**

#### SEAT REQUIREMENTS



No racing harness will function properly when installed in vehicles equipped with seats having no headrest or having backrests with integrated headrest and no openings between the backrest and the headrest [e.g. stock Porsche seats]. In such seats the shoulder belts will slide off occupant's shoulders during an accident. Never modify factory seats to create new slots. The seat structure may be impaired or sharp edges of the seat frame may damage the racing harness webbing.

Severe injuries or death may occur.



#### **SCHROTH** APPROVED SPECIAL SEATS:

Seats approved by SCHROTH for shoulder belt installation more than 20° but maximum 45° down.

#### FIA homologated Seats:

#### Keiper Recaro:

070.80.xxx Profischale, 070.81.xxx Profischale 070.90.032 Profischale SP-A, 070.91.032 Profischale SP-G Pole Position

#### König:

RS 1000, RS 2000, RSL 1000, RSL 2000

#### Protech Seating Limited (Corbeau):

PRO-RACE PR-1 SEAT, PRO-RACE PR-3 SEAT, PRO-RACE PR-4 SEAT, PRO-SPORT PS-1 SEAT, PRO-SPORT PS-3 SEAT, PRO-SPORT PS-4 SEAT

#### Wiechers:

300, 301, 302, 303, 304, 305, 307, 403/413, 404/414

#### Initial Restraint Adjustment during Installation

While first installing your racing harness the following items may require minor adjustments to the belts.



- Shoulder belt tilt lock adjusters must be positioned 250 mm (10") below the collar bone or even lower.
- If a HANS® is worn, the adjuster must be positioned 70 mm on the yoke end of the HANS®.
- For a HANS specific double-shoulder belt system, the adjuster has to be positioned so the merge between the "HANS-belt" and the "body-belt" must be located at a certain distance below the HANS\* yoke tips. For more details see instructions in section "Wearing your Racing Harness safe"

- Lap belt tilt lock adjusters must not be positioned within the openings of the bucket seats. Adjusters must be either outside of the seat at a minimum distance of 40 mm (1.5") from the opening or close to the rotary buckle inside the seat.
- Anti-sub strap tilt lock adjusters are recommended to be positioned either in the opening of the seat pan or right above. This position will allow adjustment without interfering in an uncomfortable manner with your upper thighs.

### SAFETY INSTRUCTIONS

Roll cage bars used to mount the shoulder belts must be homologated by the roll cage manufacturer for such use.

Each shoulder and lap belt anchor point must withstand a minimum load of 14,7 kN (3.240 lbs). Each anti-submarining anchor point must withstand a minimum load of 7,2 kN (1.650 lbs).

Any drilled hole for racing harness attachment must be strengthened by a reinforcement plate meeting FIA specification (see "Accessories and Spare Parts")

SCHROTH recommends, whenever possible and suitable, the use of existing factory provided anchor points for the lap- and shoulder belts.

#### WRAP SYSTEMS TO ROLL BAR INSTALLATION AND BRACKETS ASSEMBLY

#### 3-BAR SLIDE WRAP

This installation is commonly used for

- shoulder strap roll cage installation and
- to assemble open strap ends to brackets.

Do not install a lap belt directly to a roll cage by wrap around technique.

#### WHAT DO YOU NEED:

- open strap ends
- $\, \bullet \,$  a 3-bar slide for either 50mm (2") or 75mm (3") wide webbing and
- an accessible roll cage bar or
- an homologated bracket made by SCHROTH.

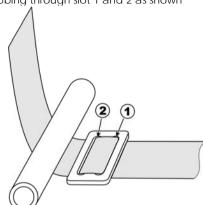
Racing harness with end brackets assembled to the shoulder belts by a 3-bar slide allow to dismount the brackets and use the 3-bar slide for wrap around installation directly to the roll cage. Also brackets can be exchanged e.g. from a snap-on to a bolt-in bracket or vice versa.

#### Sfi 16.5/NASCAR Regulations:

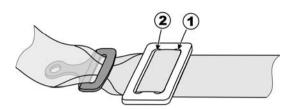
Brackets with at least 50 mm (2") wide slots are required for use with 75 mm (3") wide webbing. Snap-on brackets are not allowed.

#### Installation steps:

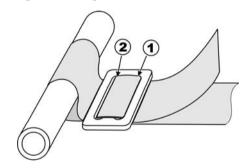
1. slide the webbing through slot 1 and 2 as shown



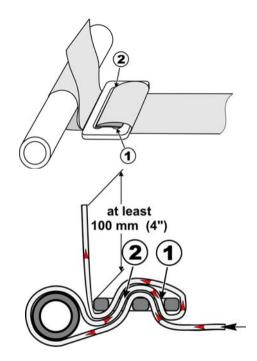
- make sure the protruding strap end is long enough to have sufficient webbing length available for the following wrapping procedure. A minimum of 360 – 400 mm (14" – 16") is recommended.
- 3. the 3-bar slide shall be positioned as close as possible to either the roll cage bar or to the end bracket.
- 4. wrap the free strap end from underneath around the roll cage bar or through the webbing slot of an end bracket.
- 5. in case of the combination of a 50 mm bracket slot and 75 mm webbing, fold the webbing in as shown.



6. wrap webbing back through slot 2 and 1.



- 7. fold strap end back and run it through slot 2 again.
- make sure the strap end protrudes at least 100 mm (4") or even longer from slot 2. If it is less than 100 mm disassemble and start over again. If longer, roll in the strap end and fix it by a cable tie to the shoulder belt.



Check again for proper shoulder belt tilt lock adjuster positioning and for the 3-bar slide to be as close as possible to the roll cage bar or end bracket.

#### LIGHT WEIGHT D-RING [50 MM (2") AND 75 MM (3")] WRAP

This installation is to be used for

- shoulder strap installation to
  - o roll cages
  - elbow brackets in open wheel race cars
  - o SCHROTH HANS® adaptor for open wheel race cars
- as 50 mm [2"] version also to assemble open strap ends to brackets.

Do not install a lap belt directly to a roll cage by wrap around technique.

#### WHAT DO YOU NEED:

- open strap ends
- the D-Ring type slide for either 50 mm (2") or 75 mm (3") wide webbing
- an accessible roll cage bar

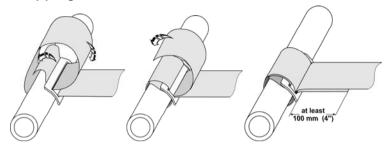
or

an homologated bracket made by SCHROTH.

Racing harnesses with an end bracket assembled to the shoulder belt by a D-Ring slide, allow to dismount the bracket and use the D-Ring slide for wrap around installation directly to the roll cage bar. The diameter of that bar shall not exceed 50 mm [2"].

This D-Ring slide system is not to be used to attach 75 mm [3"] webbing to brackets with less than 3" webbing wide slots.

#### **Wrapping Instructions:**



- 1. position D-Ring slide to roll bar with wider bar atop
- 2. slide a minimum of 600mm (24") of strap length through D-Ring slide and from underneath around roll bar [first loop]
- slide strap from atop through D-Ring slot towards roll bar and back between roll bar and first loop until it protrudes from slot in D-Ring slide.
- Pull at shoulder belt to check that wrap will tighten when being loaded.
- 5. Wrap strap end around roll bar again [third loop] and thread through D-Ring slide again. Shoulder belt is now sandwiched between first loop webbing and protruding strap end.
- 6. Make sure strap end protrudes at least 100 mm [4"]

# **AWARNING**

Incorrect wrapping or 3-bar slides wrapped too far away from the roll cage bar or from any bracket may allow webbing to slide during an accident. Extra elongation will occur which may reduce the effectiveness of the racing harness and the HANS®, if worn. Shoulder belts may slide off the HANS® or will give extra slack allowing possible head and chest impact into the steering wheel. Severe injuries or death may occur.

#### WRONG INSTALLATIONS





Webbing should be crossed if the distance from the seat openings to the mounting bolt point or harness bar exceeds 450 mm (18").

When mounting to a harness bar with a wrap mount and the distance to the bar from the seat is less than 450 mm (18"), a section of roll bar padding, fixed with cable ties, should be added to the outside of each of the shoulder harnesses to ensure that they can not further separate when unloaded.

3-Bar Adjusters pictured in the **examples** are not positioned next to the bar and the final locking portion of the wrap has not been completed. This will result in significant slippage through the adjuster and significantly more elongation of the shoulder belts.

#### CORRECT INSTALLATION



example for a spreader using FIA 8857-2001 padding material

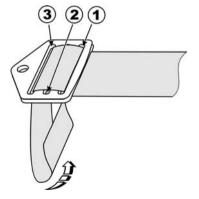
#### **Bolt-in Wrap Bracket assembling**

#### WHAT DO YOU NEED:

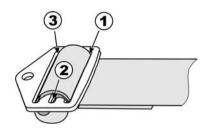
- Racing harness with 50 mm (2") or 75 mm (3") webbing and open strap ends
- a bolt-in wrap bracket with 50 mm (2") webbing slot [B 63] or
- a bolt-in wrap bracket with 75 mm (3") webbing slot [B 40]

#### INSTALLATION PROCEDURE

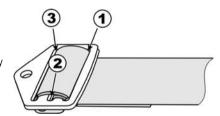
- 1. webbing shall wrap from the body facing side of bracket up into slot 1
- pull through approx.
   270 mm (11") and fold down through slot 3 temporarily leaving 50 mm (2") of slack.

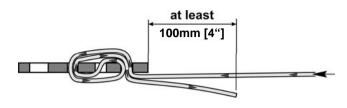


- fold back up from the body side through slot 1 and back down through slot 2
- 4. fold back through slot 3 and finally through slot 1



pull the lap belt firmly to ensure the wrap is properly tight.





6. make sure the protruding strap end is at least 100 mm [4"] long

The webbing must be wrapped tightly!

### SAFETY INSTRUCTIONS

The protruding end must be sandwiched between the load taking strap end and an inner webbing fold through slot 1.

If this is not achieved, check again for proper routing.

#### Light Weight Wrap System [LV 4]

This light weight system assembles directly to 50 mm (2") slot brackets and is therefore commonly used by SCHROTH for anti-sub strap bracket and for the "Flexi-Belt<sup>TM</sup>" assembly of both, the buckle latch and the bracket.

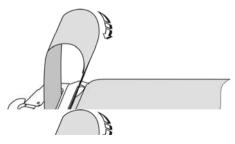
This system is also absolutely micro slip free.

#### For the light weight wrap system you need:

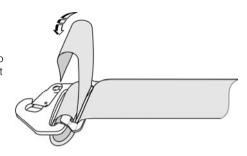
- Racing harness with 50 mm (2") webbing and open strap ends
- a bracket or latch with a 50 mm (2") strap slot
- a wrap hardware (Part No. LV 4)

#### WRAPPING INSTRUCTIONS

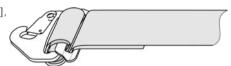
- 1. Place LV 4 with its thicker bar onto the bracket/latch.
- 2. Run strap end through slot at LV 4 and then from underneath through webbing slot at bracket/latch. Pull through at least 200 mm (8") of webbing. Fold strap end over the wider bar of LV 4 and back through the gap between bracket/latch bar and LV 4 bar.

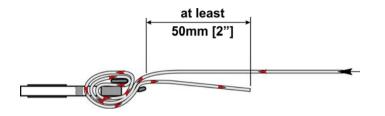


 Slide strap end further through the webbing slot at bracket/latch and then fold the strap end through the slot at LV 4.



- 4. Pull at the load taking strap and the bracket/latch to make sure, the webbing is properly clamped by the wrap hardware.
- 5. If this is not achieved, check for proper strap routing and follow these instructions step by step again.
- 6. If the protruding webbing is significant longer than the minimum of 50 mm [2"], you may fold it over again, run it through webbing slot of the bracket/latch and again back and through the webbing slot at LV 4





In this case, the strap end now protrudes from the down side of the LV 4.

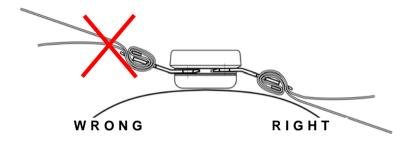
The webbing must be wrapped tightly!

#### FLEXI BELT™ ASSEMBLING VIA LIGHT WEIGHT WRAP SYSTEM

- Flexi Belt™ allows you to assemble the lap belt either as a pull-up or a pull-down version.
- As end brackets you can assemble SCHROTH snap-hook bracket or any other SCHROTH bracket with a 50 mm (2") webbing slot.
- For swivelling bolt-on installation, use the wrap bracket shown in section Bolt-in Wrap Bracket assembling. The wrap hardware LV 4 is not to be used with this bracket. Follow assembly instructions for Boltin Wrap Bracket assembling.



- Follow the wrapping instructions above at both strap ends.
- Make sure, when the latch is buckled in, the bent part of the buckle latch faces towards the body. See figure below.



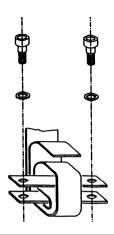
- In a pull-down configuration the adjuster shall be as close as possible located to the buckle
- In a pull-up assembly make sure, the adjuster is well separated from the strap hole in the bucket seat so the adjuster will not interfere with the seat bucket during a crash. See section "Anchorage Locations and Geometries"

#### **DOUBLE BAR LAP BELT INSTALLATION**

This installation system is only used in some open wheel race cars.

### SAFETY INSTRUCTIONS

- Bars must not bend under strap load of at least 14.7 kN.
- All edges must be appropriately rounded (>1,5 mm radius)
- The bars must directly clamp on to each other firmly clamping the webbing.
- Make sure the belt is correctly routed as recommended by FIA and shown in following sketch.



# **AWARNING**

Improper routing the webbing/belt may result in attachment failure during an accident. Webbing may either slide through the assembly or may be cut by the metal bars. Severe injuries or death may occur.

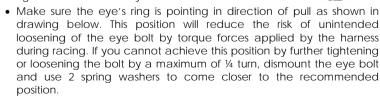
#### Eye Bolt installation for Snap-On and Carabine Brackets

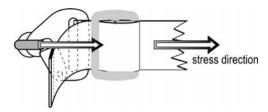
Eye bolts for snap-on brackets may be installed either to

- · anchor point provided by the car manufacturer or
- anchor points provided by the roll cage manufacturer
- a newly created anchor point in conjunction with a proper reinforcement plate [see "Accessories and Spare Parts"]

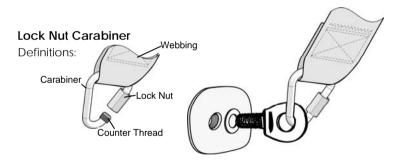
#### INSTALLATION MATERIAL AND TOOLING NEEDED:

- Eye bolt
- Spring washer (1 or 2 ea)
- strong screw driver or metal bar or wrench for eye bolt tightening
- in case of newly created anchor point: reinforcement plate
- Assemble eye bolt and spring washer as shown in sketch beside.
- Bolt in eye bolt and tighten securely. The optimum torque setting is 40 Nm (350 lbinch). Pull either screw driver or similar tool through eye and turn clockwise to tighten the bolt securely.





If you need a raised snap-on point, some of the SCHROTH stainless steel bolt-in brackets can be used as adapters. For further information see section "Bolt-in Brackets".



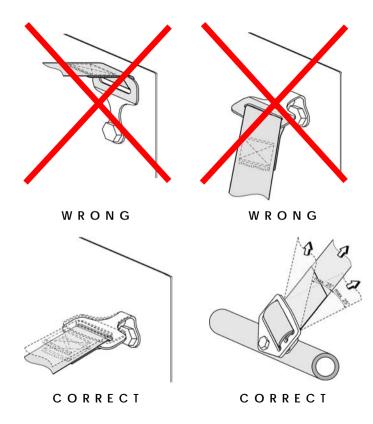
- The webbing must always be positioned on the smaller section of the triangular carabiner. The lock nut must always be positioned in the free section between the eye bolt and the webbing.
- The lock nut always must fully catch the counter thread. No thread turn must remain free from the lock nut.

#### **Bolt-in Brackets**

### SAFETY INSTRUCTIONS

All brackets must be installed in direction of pull to avoid extensive stress to the anchor points during driving [fatigue stress] or during an accident.

Brackets for lap belt installation must either swivel [NASCAR requirement] or must be able to provide alignment during a crash. Therefore SCHROTH provides bolt-in brackets only with sleeved bushings for swivelling or alternatively special designed stainless steel brackets which can be aligned with the direction of pull at the time of installation.



#### STAINLESS STEEL BRACKET INSTALLATION

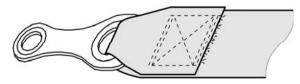
These brackets are commonly used in SCHROTH street legal harnesses [FE models] and other bolt-on installations.

The brackets are made from special stainless steel so they can be prebent at installation to the direction of pull of the webbing where it is attached to the bracket as the belt flows over the body. This will help to avoid straps from dumping/loading into bracket slot edges and reduces uneven load to attached webbing. This significantly reduces the risk of webbing tear and cut.

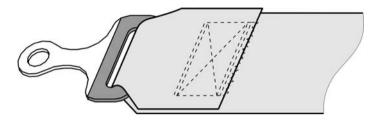
Proper alignment of the webbing pull through the bracket reduces the bending stress [risk of fatigue cracks] to anchor points during driving and during an accident.

For 50 mm [2"] wide webbing two versions are available and used as sewn in brackets:

- bracket B 23 A, coming with a 12,2 mm [15/32"] hole for use of 3/8", 10 mm or 7/16" and 15/32" bolts.
- bracket B 23 B, same as above but with a 12,8mm [1/2"] hole for use of 7/16" or 1/2" bolts.



For 75 mm [3"] webbing either sewn in or assembled bracket B 23 C is available. Assembly is commonly done by using a 3-bar slide. This bracket comes with a 12,8 mm [1/2"] hole for use of 7/16" or %" bolts.



In case the bolt diameter to be used does not fit with the bracket hole, contact your dealer or the importer for help.

# **AWARNING**

Never try to drill a larger bolt hole into any bracket. The bracket may be weakened or stick to your drill bit and the bracket and attached webbing and its hardware may spin and may cause severely injuries or death.

#### Needed equipment:

- hammer
- · bench vice
- gripper/pliers

### **Bending Procedure**

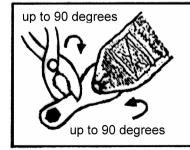
- · Determine direction the bracket should face when being installed.
- Use bench vice, gripper and hammer to bend and wind the bracket as needed.
- Make sure the bend allows enough space for the bolt head and wrench.
- Bracket can be wound and bent up to 90° in either direction.

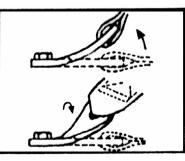
# **AWARNING**

Do not bend bracket back and forth several times. Multiple bends in opposite directions will weaken the material and the bracket may fail during an accident.

Make sure the webbing is not damaged during bracket bending or the webbing may fail during an accident.

Severe injury or death may occur.















- Only use bolts as specified above.
- Make sure the bolt diameter fits to the thread hole. Heed all information in section "Important Information About Bolts and Torques".
- Use e.g. "Loctite 243" to secure bolt.
- Tighten with the adequate torque to the bolt size selected.
- Prior to final torque of securing bolt, position the bend of the bracket so it points into the direction of pull. Large pliers work well for this purpose.

#### B 23 A and B 23 B bracket installation for snap-on use.

B 23 A and B 23 B brackets allow snap-on installation where eye bolts do not have enough space or access to the anchor point or if restricted seat adjustment is impaired when an eye bolt is installed. Brackets are available as Installation Kit with B 23 A and with B 23 B.

For installation and bending of brackets follow the instructions under the section "Stainless Steel Bracket installation" above.



#### BOLT-IN SWIVELLING WRAP BRACKETS

The SCHROTH wrap brackets are designed for fully swivelling installation.

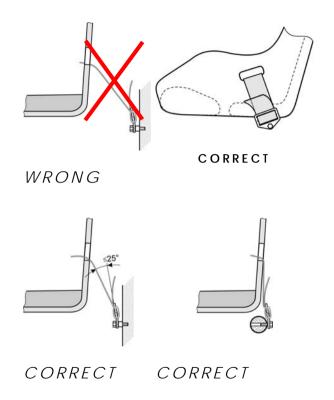
- Versions B 63 for 50 mm [2"] and B 40 for 75 mm [3"] webbing are available.
- The bushing sleeves supplied with each bracket allow swivelling installation with bolt dimensions of 8 mm, 10 mm, 5/16", 3/8", 7/16" and 1/2".
- The wrap webbing assembly allows fine adjustments for lap belt tiltlock adjuster positioning or lap belt length.

#### FOR INSTALLATION YOU NEED:

- open end webbing either 50 mm [2"] or 75 mm [3"]
- · bracket matching the webbing width
- · bolts of size and length fitting to the anchorage threads
- bushing sleeves and washers from the installation kit matching the bolts.

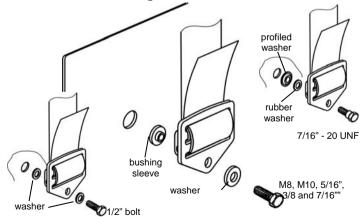
#### INSTALLATION

- Anchor point positioning has to provide a bracket pointing toward the driver as shown in sketches.
- Webbing shall not run off the bracket under an angle of more than plus or minus 25°.



#### **BRACKET INSTALLATION**

- In cases where other than 7/16" 20 UNF threaded bolts will be used, make sure bolts are in the range of those listed above and that they match the anchorage threads in size.
- Follow all instructions and information, SAFETY INSTRUCTIONS and WARNING boxes provided under section "Important Information about Bolts and Torques".
- In case you need brackets with a diameter not fitting the bolt size, contact your dealer or importer of this product.
- Choose the matching bushing sleeves and washers from the installation kit for the bolt diameter used [1/2" washer not included].
- Assemble as shown in drawing below.

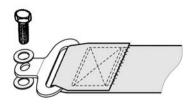


- 1.1. Use e.g. "Loctite 243" to secure bolt.
- 1.2. Bolt in and tighten bolts with torques as listed in section "Important Information About Bolts and Torques", at 1/2" bolt installation allows looseness for bracket to swivel.
- 1.3. Check for unrestricted bracket swivelling and webbing alignment in expected direction of pull.
- 1.4. In case brackets do not swivel check for the proper assembling and torque or any other reason which may restrict the bracket from free swivelling. Change assembly and installation to provide proper swivelling.

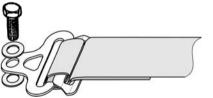


Safe harness belt functioning requires belt and bracket alignment during a crash. Any restriction of the harness belt or bracket may cause the webbing dumping/loading into bracket edges and webbing may become cut. Severe injuries or death may occur.

## LIGHT WEIGHT BOLT-IN BRACKETS [NOT FOR NASCAR!]



B 33 [not for SFI Spec. 16.5/NASCAR]

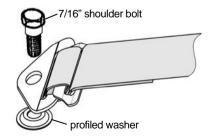


B 64.20.xx

- 1. B 33 brackets are used in made to measure racing harnesses only.
- 2. These brackets are commonly used for 50 mm [2"] and for a fold in 75 mm [3"] webbing sewn in assembly.
- B 64.20.xx can also be used in conjunction with a D-Ring LV 4 for a wrap mount with 50 mm (2") webbing.
- 4. Bolt hole can vary for 8 mm or equivalent 5/16" or 10 mm or 3/8" bolt diameter.
- 5. Bolts and washers are not supplied by SCHROTH.
- 6. Choose from bolts with grade 8.8 or up only.

- 7. Make sure the bend of the bracket aligns to the direction of pull deviating not more than plus or minus 25°.
- 8. Before fully tightening position the bracket to align with direction of pull.
- 9. Use e.g. "Loctite 243" to secure bolt.
- Tighten the bolt. Follow all instructions and information, WARNINGS, WAIVER and SAFETY INSTRUCTIONS boxes provided under section "Important Information About Bolts and Torques".
- 11. Make sure the bracket has not turned out of direction of pull. If it has, repeat the procedure as described.

#### BOLT-IN BRACKET B 24.15.13



- 1. This bracket is used in made to measure racing harnesses only.
- 2. is commonly used for 50 mm [2"] and for a fold in 75 mm [3"] sewn in assembly.
- It can also be used in conjunction with 50 mm [2"] and 75 mm [3"] webbing 3-bar slide wrap mount or 50 mm [2"] webbing D-Ring [LV 4] wrap mount.
- 4. 7/16" 20 UNF shoulder bolt and provided washer is standard.
- Bushing sleeves for 8 mm, 5/16"; or 10 mm/5/8" bolts are available optional. Bolts will not be supplied by SCHROTH. Choose from bolts with grade 8.8 or up only. For installation follow assemblies shown in section "Bracket Installation".
- 6. Make sure the bend of the bracket aligns to the direction of pull deviating not more than plus or minus 25°.
- 7. Use e.g. "Loctite 243" to secure bolt.
- Tighten the bolt. Follow all instructions and information, WARNINGS, WAIVER and SAFETY INSTRUCTIONS boxes provided under section "Important Information About Bolts and Torques".
- 9. Make sure the bracket can swivel after bolt is tightened.

#### Anti-sub Strap twin bracket installation

A twin bracket installation is used for 6-point anti-sub straps of all kind.

It allows easier installation because the two brackets will clamp the webbing while it is being bolted in place.

The twin bracket system is also light and flat and therefore commonly used in open wheel racecars or in cars where drivers are sitting quite low in the chassis.

- Twin brackets are available with 20° and 45° bends.
- 20° bend twin brackets are to be used for rearward routed anti-sub straps [typical Formula Belt installation]
- 45° twin brackets to be used for downward installation as suggested for T-bar and Hybrid™ versions.
- All standard catalogue formula models come with 50 mm [2"] webbing and matching twin brackets. If specified so, made to measure racing harnesses can come with 44 mm anti-sub straps and matching brackets, except Hybrid™ models. Formula and Hybrid™ versions are not interchangeable.
- Twin brackets are prepared for 8 mm [5/16"] bolts [10 mm optional].
- 8 mm bolts and matching reinforcement plates are supplied with racing harnesses.

#### For installation you need:

- anti-sub open end straps
- 4x twin brackets
- 2x bolts 8mm as supplied or 5/16" grade 8.8 or 10.2
- 2x spring washer matching bolt diameter
- 2x reinforcement plate with 8 mm thread [SCHROTH PIN 01344, for 8 mm bolt use only]]

#### Installation

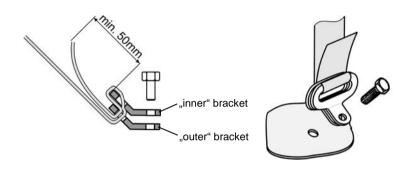
- Select anchorage position meeting the geometrical requirements described in section "Anchorage Locations and Geometries" for 6point anti-sub strap routing.
- 2. Make sure the anchor points are symmetrically aligned to the seat.
- If you have to create anchor points by yourself, strictly follow the procedures and WARNINGS in section "Anchorage Locations and Geometries".
- Select direction of angled brackets. The twin brackets must point towards the strap slot in the seat when being installed.
- 5. Properly position anti-sub strap so it will correctly engage the buckle.
- Route webbing through brackets by following these instructions:a) position both brackets onto each other with the angled bend

pointing as selected above [4]. You will have an "outer" and an

"inner" bracket,

- b] run webbing from outside through slots of both brackets and fold over.
- c] Run webbing back through gap between both brackets and through slot of outer bracket.

d] Pull webbing through to adjust the proper length.



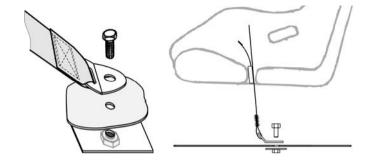
- 7. Use e.g. "Loctite 243" to secure bolt.
- 8. Bolt-in both and tighten. Follow all information as well as SAFETY INSTRUCTIONS and WARNING boxes provided under section titled "Important Information about Bolts and Torques".
- 9. Make sure the brackets stay positioned in the direction of pull.

#### Bolt-in Bracket B 18

This bracket is mainly used for 5-point anti-sub straps.

Its 45° angularity allows flat installation on the chassis floor with the webbing routing upwards.

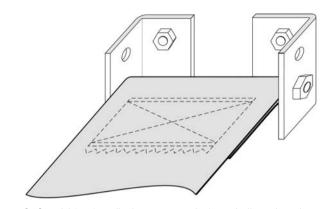
- Select the anchor point position meeting the geometrical requirements described in section "Anchorage Locations and Geometries" for 5-point anti-sub strap routing.
- Make sure the anchor point is located on the centre line of the seat.
- If you have to create an anchor point by yourself, strictly follow the procedures and WARNINGS in section "Anchorage Locations and Geometries".
- Assemble bolt and bracket as shown below,
- Use e.g. "Loctite 243" to secure bolt.



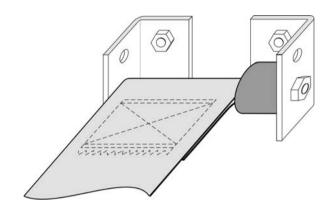
- Bolt-in and tighten. Follow all information as well as SAFETY INSTRUCTIONS and WARNING boxes provided under section titled "Important Information about Bolts and Torques".
- Make sure the bracket is directed forward to allow even load on the webbing and anti-sub strap assembly during a crash.

#### INSTALLATION WITH END LOOP

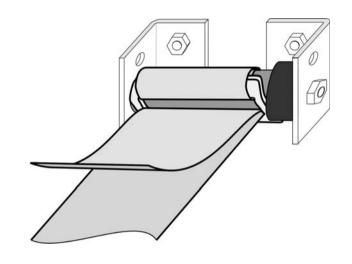
This installation is commonly used for shoulder belt installation in open wheel race cars and requires a made to measure racing harness.



 $75~\mbox{mm}$  [3"] webbing installed to custom designed elbow bracket system.



50 mm [2"] webbing of a HANS® shoulder belt installed to a 75 mm [3"] designed elbow bracket system.



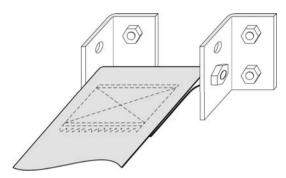
50 mm [2"] webbing with D-Ring slide of a HANS® specific shoulder belt installed to a 75 mm [3"] designed elbow bracket system.

# **WARNING**

Wrap mounted shoulder straps must be braced on each side so that the webbing can not move from side to side. Failure to secure the sideward movement of the wrap mounted shoulder straps could cause the belts to slide off Head and Neck Support, eliminating its effectiveness.

Never use bars of lower grade than the original. Lower grade bars may be too weak and may fail during an accident.

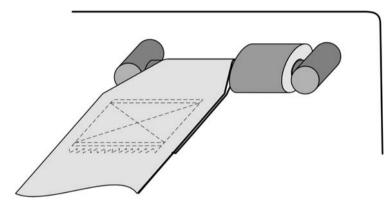
SEVERE INJURIES OR DEATH MAY OCCUR.



50 mm [2"] webbing of a HANS® specific shoulder belt installed to a elbow bracket system with elbow bracket installed reversal to create 50 mm [2"] distance.

- In case of a reversed installed elbow bracket, shorter bars but such of same diameter can be used.
- Replacement bars must be at least of same grade than the original one.

• If the bracket allows different heights in installation, make sure to choose the one which makes the shoulder straps running horizontal or max 20° down from the shoulder or from HANS®.



A fold in webbing installed to a bell bar system with spacer.

• Spacers used must fully fill the gap between the bar and the wall so webbing can not slide over.

# Wearing your Racing Harness safe

#### 1. GENERAL INSTRUCTIONS

To help reduce the risk of serious injury in an accident:

- Never use the harness belt system for persons which weigh less than 40 kg (88 lbs.) or those who are less than 150 cm (4'11") tall, regardless of age.
- Never strap more than one person in place with each harness belt.
- Never use the lap belt portion of the harness belt without the shoulder belts and the anti-submarining strap (if a 5- or 6 point belt is installed).
- All straps must permanently run through the slots of the bucket seat as shown in the figure below.
- Always make sure that no strap is twisted when worn.
- Always wear the lap belt portion of the harness system low and tight across the pelvis.
- Pressure of shoulder belts on your shoulder and chest must be equal.
- Never wear the belts over heavy clothing as it can interfere with proper positioning and adjustment of the belts, reducing the overall effectiveness of the system.
- Never wear the belts over rigid or breakable objects in or on your clothing, such as eye glasses, pens, jewellery, keys etc. as these may cause injury.
- Never allow straps to rub against sharp objects.
- Never allow the belts to be damaged by becoming caught in door or seat hardware.



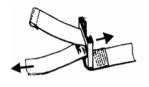
Improper use of any harness belt can cause serious personal injury or death.



### 2. How to operate tilt lock adjusters

SCHROTH racing harnesses utilise "tilt lock adjusters" for quick adjusting the harness belt.

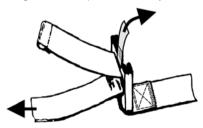
To lengthen a strap, tilt (lift) the adjuster up to 90 degree relative to the strap and pull in direction as indicated.



To tighten a strap, pull at the protruding strap end as indicated



If tilt lock adjusters are equipped with a release strap, simply loosen the harness belt by pulling on the strap to lift the adjuster.

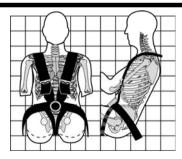


# SAFETY INSTRUCTIONS

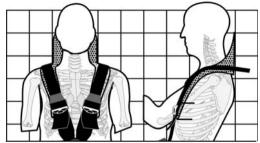
Make sure the adjusters are correctly positioned to avoid interference with the seat or the wearer's neck during normal use as well as during an accident. See section of this manual titled "Initial Restraint Installation".

Made to measure racing harnesses often do not have adjusters at lap belts and/or anti-sub straps. If such a harness is used, make sure body tight length is achieved during initial installation. If necessary re-adjust the strap lengths at brackets.

Follow instructions in section "Wrap Installations".



#### POSITIONING OF THE LENGTH ADJUSTERS



with Head and Neck Support

Make sure the shoulder harness is properly positioned on HANS® if worn. Adjuster must be on lower 70 mm of the HANS® yoke.

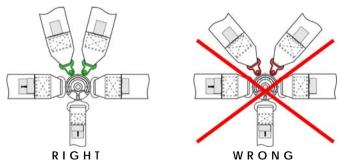
# **AWARNING**

Interference by an adjuster with the seat or the collar of a HANS® during an accident may release webbing through the adjuster or "dump" webbing into one edge of the adjuster. As a result, webbing may be cut and fail. Severe injuries or death may occur.

#### 3. How to engage your Racing Harness

#### 3.1 PROFE 5- AND 6-POINT MODELS

- Loosen the shoulder belts to allow for proper positioning of the lap belts and rotary buckle.
- Engage lap belt and tighten securely. If the race car is equipped
  with a sliding seat track, it is recommend that the seat be slid
  rearwards by one or two detents. After tightening the lap belt, slide
  the seat forward again into the correct seating position. This will
  optimally tighten the lap belt.
- Make sure the rotary buckle is well centered to your body.
- Engage now the anti sub strap in the downward pointing slot if it is not the fix point at the buckle. Make sure the T-bar ends of the antisub strap II point away from your body.
- Tighten Anti-sub strap securely.
- Hook in shoulder belt latches. Make sure left and right shoulder belts are not interchanged [see diagram below].

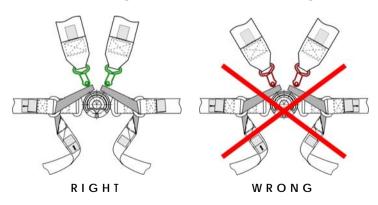


- Tighten shoulder belts securely.
- Make sure the shoulder harness is properly positioned on HANS® if worn. Adjuster must be on lower 70 mm of the HANS® yoke.
- For adjuster positioning using a HANS specific double-shoulder belt see instructions under paragraph 3.5 in this section.



#### 3.2 PROFI F-TYPE MODELS

- Loosen the shoulder belts so they will not pull-up the rotary buckle when engaged.
- Engage lap belt and tighten securely.
- · Make sure the rotary buckle is well centered to the occupant's body,
- run anti-sub straps flat over upper thighs,
- thread end loop straps from underneath through D-rings on lap belts.
- Hook end loop straps accordingly into left and right shoulder belt latches and secure shoulder belt latches in rotary buckle.
- Make sure left and right shoulder belts are not interchanged.



Tighten anti-sub straps (if adjusters are available) first.

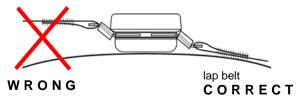
- Tighten shoulder belts securely.
- Make sure the shoulder harness is properly positioned on an Head and Neck Support (HANS made by SCHROTH®) if worn. Adjuster must be on lower 70 mm of the HANS® yoke.
- For adjuster positioning using a HANS® specific double-shoulder belt see instructions under paragraph 3.5 in this section.

# 3.3 Hybrid™ models

- Loosen the shoulder belts so they will not pull-up the rotary buckle when engaged.
- Pull up anti sub-straps so they run flat over the upper thighs and their inner angles are facing each other.



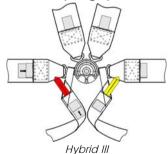
- Hold anti-sub strap in place by pulling with the middle finger on sewn on coloured strap loop.
- Slide lap belt latches through end loops of anti-sub straps and secure in rotary buckle.



- Hook in second shoulder belt latch.
- Tighten lap belt securely. In case the racing car is equipped with a sliding seat track, it is recommend that the seat be slid rearwards by

one or two detents. After tightening the lap belt, slide the seat forward again into the correct seating position. This will optimally tighten the lap belt.

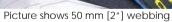
- Make sure the rotary buckle is well centred to the occupant's body.
- Tighten anti-sub strap securely.
- Tighten shoulder belts securely.
- Make sure the shoulder harness is properly positioned on Head and Neck Support (HANS® made by SCHROTH) if worn. Adjuster must be on lower 70 mm of the Head and Neck Support yoke.
- For adjuster positioning using a HANS® specific double-shoulder belt see instructions below under paragraph 3.5 in this section.



### 3.4 Webbing routing on HANS®

Shoulder belts on HANS® must route horizontally or not more than 20° down from the rear edge of Head and Neck Support to its anchor point. The inner edge of the webbing must be firmly in contact with the beginning of the HANS® collar to the yokes (see Photos below).







Picture shows 75 mm [3"] webbing

# 3.5 Adjustment of HANS® specific double-shoulder belt

The merge between the "HANS-belt" and the "body-belt" must be located at a specific minimum distance to the HANS® yoke tips. This specific minimum distance is essential for the Head and Neck Support system to be fully effective with the necessary movement during an accident.

The following minimum measures must be met:

- The total of both numbers (A plus B in Figure 1) has to be 100 mm.
- > The tips of the Head and Neck Support yokes have to be at least 30 mm below the collarbones of the occupant, when the Head and Neck Support is pulled back on the occupant's shoulder and the tethers are straightened.

Follow the procedure below to make sure the minimum yoke to merge distance is met:

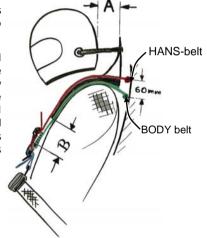


Figure 1

- a) Position the driver in the seat with the helmet and Head and Neck Support on and tighten the belts as they will be tightened during the race
- b) Driver's head/helmet must be pulled forward until the tethers are straight. Measure the distance between the Head and Neck Support collar and the helmet = measure A in Figure 1.
- c) Subtract A from 100 mm = measure B in Figure 1. This is the minimum distance which must be achieved between the Head and Neck Support yoke tips and the belt merge.

# SAFETY INSTRUCTIONS

Always tighten the "HANS-belt" securely. The effectiveness of the Head and Neck Support system depends on the friction between the Head and Neck Support yokes and the "HANS-belt". It is recommended that the "HANS-belt" be tightened by a crew member, rather than the occupant, to achieve a tight adjustment.

# **AWARNING**

Never position the belt in any other way than as described in this manual. Improper belt positioning may result in reduced safety performance or even malfunction of the racing harness.

Never position lap belts too high [extending above the pelvis], and/or at too low of an angle routing to the mounting point. Lap belts positioned too high or too low, may result in increased pelvic movement, submarining and will create extra load on the anti-sub straps.

Never wear lap belts loosely. Loosely worn lap belts may result in increased pelvic movement, submarining and will create extra load on the anti-sub straps.

Loose shoulder belts will result in increased head trajectory during an accident.

Loose anti-sub straps will allow the lap belt to ride up during an accident and create submarining or increase head trajectory.

FAILURE TO WEAR AND TIGHTEN THE RACING HARNESS PROPERLY CAN CAUSE SEVERE INJURIES OR DEATH.

#### HOW TO RELEASE YOUR RACING HARNESS

- a) loosen shoulder belts [not necessary in case of an emergency]
- o) turn rotary buckle by approx. 90° into either direction
- all latches except one will release from the buckle. On Profi 5- and 6point models buckle will stay either with the lap belt or with the antisub strap.

On Formula-Type models the buckle always stays with the lap belt. On Hybrid™ models the buckle always stays with a shoulder strap.



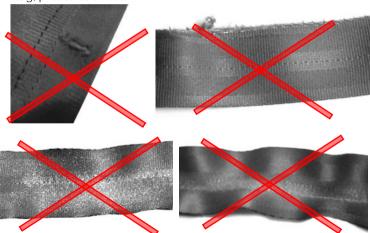
Never allow straps to be caught by the seat rail or door when leaving the vehicle.

Webbing which is caught may be weakened, the racing harness may fail during an accident and severe injuries or death may occur.

#### CARE AND MAINTENANCE

# Inspection

- Inspect the harness belt thoroughly for damage before each use.
- Make sure that the inspection of the belt is included with regular check-ups of the race car and its equipment.
- · Regularly check correct torque of bolts.
- Check for expiration date of the racing harness as it applies to the regulation of your sanctioning body and/or the FIA, SFI or NASCAR tag, prior to each use.



Cut and Abrasion as shown here require an immediate belt exchange

# **WARNING**

Never use any belt that is cut, torn or damaged in any way! Replace it immediately, cut the old belt in half, and discard the old belt so that it cannot be used again. Cuts, tears and other damage to the belt will greatly reduce its effectiveness, may cause it to fail, and may result in severe injuries or death.

#### CIFANING

- To clean the harness belt, use only mild soap and warm water.
- Never use solvents or other cleaning solutions, they can weaken the webbing or stitch pattern.
- Never use chemical solvents or cleaning solutions to clean the rotary or push button buckle. The high impact resistant polycarbonate [PC] material is sensitive to any kind of hydrocarbons, also to spray cleaners containing hydrocarbons.

- Do not dry the belt in the sun or near a radiator, in a clothes dryer or with a hair dryer or with any other mechanical or electrical heating device. Heating webbing may make the material shrink and the precisely designed elongation rate will be changed.
- Always allows a cleaned belt to air dry naturally.
- Always have damaged sub-assemblies of the harness belt replaced before using the harness belt again.
- Never modify, disassemble or repair the belt by yourself.



Never clean your racing harness with chemical solvents and spray cleaner.

Webbing or buckle housings weakened by solvents or chemicals may fail during an accident and severe injuries or death may occur.

#### ACCIDENT

- Any harness belt which was used during an accident is unfit for further use and must be replaced.
- Never continue to use a harness belt which was in use during an accident. Replace it immediately.
- In SCHROTH Profi asm® models a partly or fully ripped open SCHROTH asm® system indicates the need of immediate replacement of the racing harness.
- FIA and other sanctioning bodies require that inspectors cut the racing harness, or cut the labels off the racing harness, after an accident.
- Always inspect all anchorages for damages such as deformations or cracks, after an accident.
- Strictly follow the recommendations of the vehicle or roll cage manufacturer if a repair should be necessary.



Never re-use a harness belt that has been in an accident of any type. The belt can fail in a subsequent accident causing serious injuries or death.

### **EXAMPLES OF IMPROPER INSTALLATION**



Never install a racing harness with attachment hardware [such as the 3-bar slide pictured at left] next to the occupant's body or to the inside of the bucket seat. 3-bar slides positioned in such a way may cut into the occupant's neck during an accident and severe injuries or death may occur.

In case of HANS® use of 3-bar slides will not allow shoulder straps to be positioned properly on HANS®.





Never run straps over sharp edges and brackets. Sharp edges may cut the webbing and the racing harness may fail during an accident. Severe injuries or death may occur.





3-bar slides are positioned too far off of the roll cage and there is nothing to prevent lateral movement of the belts along the bar. Webbing is therefore improperly routed and not folded back to the final part of the wrap to secure the 3-bar slide. This improper installation may allow webbing to slide through the hardware during an accident. Unintended elongation and severe head impact, resulting in severe injuries or death, may occur. If a HANS® were to be used with this type of installation, the shoulder straps may slide off the HANS® so its effectiveness in an accident will be eliminated. Severe injuries or death may occur. Always secure wrap around attachments against lateral sliding on the roll cage bar. Otherwise, severe injuries or death may occur.



This webbing runs too far back, and at too low of an angle. A Lap belt cannot be routed straight through seat slots. It will tend to slide off the pelvic bone and result in submarining. This will also add additional load to the antisub strap. Severe injuries or death may occur.

# ACCESSORIES AND SPARE PARTS

			PIN
Shoulder Pads 75 mm (3"), pair Logo: black/yellow			00209
		blue	01209
		red	02209
		yellow	03209
	Logo: black/silver	black	00229
Reinforcem		08000	
	thread M8		01344
	thread M10		01345
Eye Bolt	7/16" x 22 mm		00040
	7/16" x 38 mm		00079
	M10 x 25 mm		SG 35
7/16" Installation Kit for B 24.15.13 [2x SG 11 and 2x S 1			Bk 01302209
HANS® specific Shoulder Belt Set 2"/3"			S/40013
for Profi II/III-5 and -6			S/40113
[5-point and T-bar 6-point]			S/40213
HANS® specific Shoulder Belt Set 2"/3"			\$/40083
for Profi II/III-6F			S/40183 S/40283
[Formula Type]			
HANS® specific Shoulder Belt Set 2"/3" for Hybrid II/III			S/40093
			S/40193 S/40293

		PIN
Light weight bolt-in Bracke	B 64.20.08	
for 50 mm [2"] webbing	B 64.20.10	
Light weight wrap hardwar	for 50 mm [2"] webbing for 75 mm [3"] webbing	LV 4 LV 17
3-bar slide	for 50 mm [2"] webbing for 75 mm [3"] webbing	LV 10.A LV 7
Bolt-in swivel wrap Bracket [2ea w/ bushing/washer sets		01326 01325
[kit includes 4 each with 2 washers and 2 bolts]	20°bent; for 8 mm [5/16"] bolt 20°bent; for 10 mm [3/8"] bolt 45°bent; for 8 mm [5/16"] bolt 45°bent; for 10 mm [3/8"] bolt	01313 01314 01315 01316
Bolt-in Bracket for 75 mm [3"	B 23 C	
Installation Bracket for snap- B 23 A for B 23 B for 1	B 23 A B 23 B	
B 24.15.13 Bolt-in Bracket Kit f [2ea w/ bushing/washer sets fo	01327	

Contact your SCHROTH Distributor for Accessories and Spare Parts.

# APPLICABLE PATENTS AND PATENT APPLICATIONS

Issues	DE	FR	IT	USA	GB
asm® System	granted 3735077		granted 1207344	granted 4.854.608	granted 2211070
RFR™ rotary buckle	granted 430 14 03	granted 93.12568		granted 5.432.987	
Actuator with finger grooves for RFR rotary buckle	granted 19505429			granted 08/716177	granted 0752821
Hybrid™ crotch strap attachment to lap belts	granted 10143654	pending 02019525.6	pending 02019525.6	pending 10/233,781	
Curved shoulder harnesses for better fit	pending 10114343.5- 22	pending 1234485A2	pending 1234485A2		
Surface on HANS to guide shoulder straps	granted 10314423.4	EP application pending	EP application pending	pending 10/806,067	EP application pending

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